Support When You Need It Most—Your EAP Has You Covered!

All employees and their immediate family members have access to the Employee Assistance Program (EAP). EAP can be a vital support to you when issues arise such as stress, financial, legal, family, relationships, eldercare, and work & career.

To learn more, click on the link **TotalCare Employee Orientation** to watch a short video with important details regarding your EAP Benefits.

To access the EAP 24/7 call **1-800-252-4555** to speak with a counselor or coach. You can also visit EAP online at **www.TotalCareEAP.com** for problem-solving resources and self-help tools. EAP is a **free and confidential** benefit. **EAP BROCHURE**

