

# **Frequently Asked Questions**

### Who is Marathon Health?

Marathon Health is a leader in providing advanced primary care in the U.S. to 2.5 million eligible patients across a combined base of approximately 630 employer and union-sponsored clients. We deliver direct primary care, mental health, occupational health, musculoskeletal, and pharmacy services through a footprint of over 720 health centers in 41 states, in addition to 50 state access to virtual care services.

Marathon is transforming healthcare delivery through a patient-first approach, providing more convenient access to in-person and virtual care at little to no cost, leading to better health outcomes for patients and meaningful cost-of-care savings. Patients (members) at Marathon Health often see significant improvements in their overall health. Visit the Marathon Health website and read the stories of patients who have benefited from the care at Marathon Health centers at:

https://marathon.health/patient-success-stories

### Why is this benefit being offered?

Employees, employers, and insurance companies have seen significant healthcare cost increases each year; we're on a mission to fix the broken healthcare delivery model that causes them. By receiving your care from us, you gain an additional choice to address the cost and quality of the healthcare you receive. Your membership gives you high-quality, low- or no-cost primary care through your Marathon Health provider.

## What services are available through Marathon Health?

Services vary by location but can include preventive care annual exams and screenings, sick care, chronic condition management (diabetes, hypertension, high cholesterol), health coaching (weight loss, smoking cessation, stress management), behavioral health counseling (anxiety, addiction, depression) and lab services (blood and urine tests).

#### What do I get as a member of Marathon Health?

As a member of Marathon Health your get access to eight Northeast Ohio health centers. Our health centers have an on-site lab as well as the ability to dispense some generic medications including chronic medications and antibiotics.

#### Who can use Marathon Health?

Employees, Spouses and dependents on the City of Brooklyn's health plan can access Marathon Health

#### How much do services cost?

Zero cost for preventative care

Low cost co-pay for acute visits

Some labs are included at no cost

First fill medications can be dispensed at the health centers

# Can a Marathon Health provider dispense medications?

A Marathon Health provider can dispense approximately 150+ medications. Marathon Health requires a consultation with a provider when filling a prescription to ensure complete oversight of your medical treatment. Medications that are considered controlled substances, such as narcotics, will not be available onsite. Provider dispensing is provider-specific and varies in accordance with applicable state laws. Check with your provider to see if provider dispensing is available to you.



