

Healthcare Designed to Save You Time and Money

We are redefining healthcare by establishing the primary care setting as a convenient one-stop shop to treat most of your healthcare needs, including everything from routine checkups and chronic condition management to urgent needs and mental health services - saving you time and money.

As a client of Oswald, City of Brooklyn employees and eligible family members have access to Everside Health services as part of the medical benefits plan* with Medical Mutual of Ohio.

WITH EVERSIDE HEALTH, YOU CAN:



Save money. Most services are low to no-cost**



Choose a new Everside Health provider for all your primary care needs and retain your current specialist providers



Get care for the entire family, including **pediatrics**



Access care when you need it, including virtual and in-person appointments at convenient clinic locations with same or next-day appointments



Access your care team 24/7 over the phone for urgent needs and avoid expensive trips to urgent care or the ER. Just call your clinic after-hours to be connected to a provider



Address multiple health concerns in one visit and spend as much time as you need with the provider



Gain access to specialized care, including behavioral health services



Complete lab work onsite**

Schedule your **Welcome Visit** with Everside Health! Your provider will review your health history, answer questions and address any health concerns you may have.





^{*} Not available with HMO plans

Certain tests sent to outside labs will be charged to your insurance. H.S.A. plan members may have a small cost share until deductible is met.

Discover a better healthcare experience with Everside Health.

Get primary and acute care services the way you want them without overbooked practices, expensive co-pays, and rushed appointments.

In-person and virtual appointments (via phone or video) are available today.

TO ENROLL & CHOOSE YOUR NEW PRIMARY CARE PROVIDER:

Call Member Services at 1-866-808-6005.

Have your Medical Mutual ID Card on hand

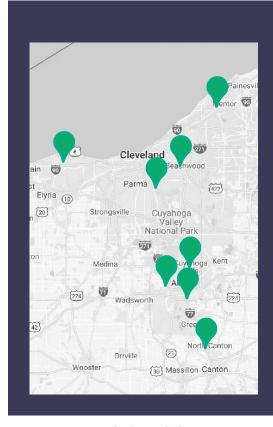
CREATE YOUR ACCOUNT:

• Go to www.eversidehealth.com/sign-in/#sign-in

TO SCHEDULE AN APPOINTMENT:

Three easy ways:

- Online (visit www.eversidehealth.com/sign-in/#sign-in and login to schedule)
- Call the clinic
- Call Member Services at 1-866-808-6005.



Convenient Clinic Locations

Akron White Pond Drive 789 White Pond Dr., Ste A Akron, OH 44320 (234) 226-5038

Akron S. Main 388 S. Main St., Ste 201 Akron, OH 44311 (234) 200-2770

Avon Sheffield Detroit Ave. 5445 Detroit Rd. Sheffield Lake, OH 44054 (440) 653-8033

Cuyahoga Falls 421 Graham Rd., Ste C Cuyahoga Falls, OH 44221 (234) 260-5870 Mentor Great Lakes Plaza 7695 Mentor Ave. Mentor, OH 44060 (440) 368-0900

North Canton Lauby Rd. 5399 Lauby Rd., Ste 220 North Canton, OH 44720 (330) 615-6498

Seven Hills Lombardo Center 5700 Lombardo Center Dr., Ste 120 Seven Hills, OH 44131 (440) 368-0930

Beachwood Science Park Drive 25700 Science Park Dr., Ste 120 Beachwood, OH 44122 (216) 672-0211





Services List

In-person and virtual care (for adults and children)

*Available for virtual appointments. Follow-up in-person care will be coordinated with your provider if needed.



PRIMARY & PREVENTIVE CARE

- Basic vision screening (color & near vision)
- · Biometric screening
- Blood pressure and vitals screening
- · Chronic condition management*
- Comprehensive personal evaluation including routine check ups*
- Coordination with other providers (e.g., specialists, hospitals)*
- Depression & anxiety*
- · Fitness & nutrition coaching*
- Health risk assessment*
- Hearing screening (audiometry)
- Lifestyle & risk-reduction coaching*
- Pediatric visits*
- · Sports physicals
- · Women's health
- · Routine adult physicals
- Pre-op evaluations & clearance
- Acute illness visits & treatment*

PROCEDURES

- Asthma/pulmonary treatments
- Dermatologic procedures including mole removal
- · Basic wound care

- · Basic ENT procedures
- · Ingrown toenail removal
- Skin biopsy (lab not included)
- Skin cyst removal

- Skin tag & wart removal (cryo)
- Stitches
- · Suture/staple removal

LABS

- Basic Metabolic Panel
- · Blood draws & sample collection
- Cholesterol
- Hemoglobin A1C
- Pregnancy test

- Screening for diabetes
- · Strep throat test
- Urinalysis
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IMMUNIZATIONS

- Flu vaccine
- Hepatitis A series
- Hepatitis B series
- · HIB (haemophilus)
- HPV series (human papilloma virus)
- Meningococcal
- MMR (measles, mumps, rubella)
- Pneumococcal
- Polio
- Rotavirus

- Td (tetanus, diphtheria)
- Tdap (tetanus, diphtheria, pertussis)
- · Varicella (chicken pox)

HEALTH PORTAL

- Available 24/7
- Make and manage prescriptions from your doctor
- Request refills and view prescriptions
- Email your doctor securely
- Download your personal health record
- Manage your membership

DIAGNOSTIC TESTING & VITALS

EKG
 Blood pressure & vitals

Peak flow testing

Don't see a specific treatment or procedure? Contact Member Services at 1-866-808-6005.





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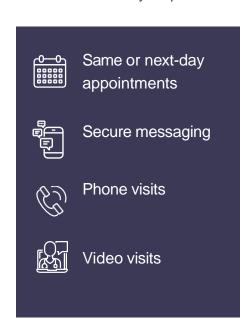


Virtual Care — We Are Here for You

Access to the right care when you need it.

We are here to help you navigate your healthcare needs during these challenging times.

Experience Virtual Care. There's no long line to wait in, your virtual appointment will happen at your scheduled time. You can meet your provider in the comfort and safety of your own home, or anywhere!



BENEFITS OF VIRTUAL CARE:

Convenient and secure

- No waiting in a line
- · Use any computer or mobile device
- · Works in any browser. No plug-ins

Comprehensive care

- Appointments for everything from routine check-ups and urgent needs to chronic condition management and mental health screenings
- Address multiple concerns in one appointment and see the same provider each time

Follow-up

• Our providers can schedule a follow-up visit, request a referral, send an ePrescription, or order labs, as needed

Visit <u>www.eversidehealth.com/sign-in/#sign-in</u> to schedule an appointment.

Need help to jump start Virtual Care? Call Everside Health Member Services at **1-866-808-6005**.





