

# Wellness Portal Access Guide

## Log in to the Medical Mutual Wellness Portal

1. Go to [www.medmutual.com/member](http://www.medmutual.com/member).



Contact Us: 800.382.5729

**My Health Plan**

**Log In to My Health Plan**

Username  
[Input Field]

Password  
[Input Field]

[Forgot Username or Password](#)

**Log In**

**Not Registered?**  
Register now to enjoy 24 hour access to:

- Reference claims and payment information
- View your plan benefits
- Learn more about wellness programs
- Access money-saving tools and tips
- Participate in exclusive members-only offers

**Register for an Account**

**Take A Test Drive**  
Preview My Health Plan with the Jane Doe account.

**Launch Demo Account**

2. Log in to *My Health Plan*: Use your existing *My Health Plan* username and password. If you cannot remember your username and/or password, you can reset it on this page by selecting forgot username or password. (You will need to enter your ID number from your Medical Mutual insurance card and your date of birth.) If you have not yet registered for *My Health Plan*, you will need to register first and then follow the remaining instructions.

### To register:

- Click “Register for an Account” under the “Not Registered?” heading.
- Enter the required information in each field on the Registration page. **Note:** You will need to create a username and password, which you each time you want to access the wellness site.

**Tip:** For participants with more than one policy, there is a dropdown at the top of the home screen on *My Health Plan* and the App. Be sure to select the correct policy from that dropdown for the appropriate wellness experience.



**Dashboard** Claims & Balances ▾ Benefits & Coverage ▾ Resources

**My Health Plan**

Hello, Jane Doe, welcome.

**View Policy** [Dropdown Menu]

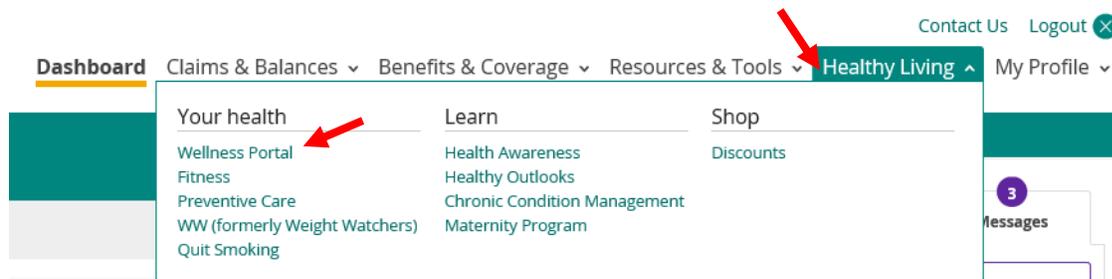
**Medical & Prescription**  
ID Number 8888888888  
Group Name [Redacted]  
Group Number [Redacted]  
Policy Holder JANE DOE

**Medical**  
ID Number 9999999999  
Group Name [Redacted]  
Group Number [Redacted]  
Policy Holder JOHN DOE

**Important Information About the COVID-19**  
Thank you for being a Medical Mutual member. We appreciate this historic time. The U.S. Food & Drug Administration (FDA) public and more vaccines are under development.  
**View F**

Viewing:

3. Once you are logged in, click on the **Healthy Living** tab and select Wellness Portal from the drop-down.



4. Next, you will need to check the Terms box and click the Accept and Submit button. This is a legal requirement to let you know Medical Mutual is securely transferring you over to our wellness portal.

### Wellness Portal

#### Welcome to Wellness!

Improve your health and wellness through our many programs and activities

You will be leaving the Medical Mutual site to access Bravo's Site. Medical Mutual will securely pass over your registration information to access this site.

#### Terms

I understand the information I provide will remain confidential, in accordance with the Health Insurance Portability and Accountability Act (HIPAA).

I, Katherine N Rawski, agree to share my registration information with Bravo

Accept and Submit

## Want to use the Medical Mutual Wellness App?



## Download the MedMutual Mobile App!

- Manage your claims and out-of-pocket spending.
- Know before you go and save money—estimate costs.
- Find providers and compare quality and patient satisfaction ratings.
- Email or fax your digital ID card.

Download the app today—search "MedMutual" in the App Store or Google Play.



MEDICAL MUTUAL®

### 1. Login:

- If you have already registered on MHP, use the same username and password to login.
- If you are a first-time user, you will need to create an account. (Be sure to save the username and password for future use.)

## Need Support?

If you have any questions about how to log in to My Health Plan, please call us at 1-800-344-7620.

If you have questions about the Wellness Program, please call us at 1-855-553-1006.